

Southside



November 2017

Breakfast/Lunch Menu

Breakfast Menu includes Daily: Fruit or Fruit Juice & Milk

<u>Monday</u> Salad Bar Tossed Salad, Dressing Fresh Cauliflower Kidney Beans Grown in Washington Apple	<u>Tuesday</u> Salad Bar Tossed Salad, Dressing Fresh Broccoli Baby Corn Orange Smiles Pears	<u>Wednesday</u> Salad Bar Tossed Salad, Dressing Carrot Sticks Green Peas Applesauce Cup	<u>Thursday</u> Salad Bar Tossed Salad, Dressing Celery Sticks Red Peppers Banana	<u>Friday</u> Salad Bar Tossed Salad, Dressing Fresh Cucumber Slices Cherry Tomatoes Garbanzo Beans Peaches
BREAKFAST PRICES Student \$1.20 Reduced \$0.00 Adult \$1.70 LUNCH PRICES Student \$ 2.90 Reduced (K-3) \$.00 Reduced \$.40 Adult \$ 3.50 Milk \$.40	A Friendly Reminder Free and reduced meal applications are available throughout the year in all schools. Once an application has been approved, your child may participate in both the BREAKFAST & LUNCH meal programs. Be sure to contact us if you need assistance. 426-8437	Nov 1 LUNCH Cheese Ravioli w/Mini Garlic Bread Milk 11:30 Early Release BREAKFAST Pancake & Sausage on a Stick	Nov 2 LUNCH Pepperoni Pizza Rippers Milk 11:30 Early Release BREAKFAST Whole Grain French Toast Sticks	Nov 3 LUNCH Sloppy Joe on a Whole Grain Bun Milk 11:30 Early Release BREAKFAST Tony's Bacon Scramble
Nov 6 LUNCH Corn Dog Milk BREAKFAST Cereal w/Banana Muffin	Nov 7 LUNCH Chicken Nuggets w/BBQ Sauce Milk BREAKFAST Whole Wheat Pancakes	Nov 8 LUNCH BBQ Rib on a Whole Grain Hoagie Roll Milk BREAKFAST Oatmeal Chocolate Chip Breakfast Bar	Nov 9 LUNCH Cheese Calzone Milk BREAKFAST Cinnamon Glazed French Toast	Nov 10 NO SCHOOL VETERAN'S DAY
Nov 13 LUNCH Burrito w/Salsa Milk BREAKFAST Cereal w/Apple Cinnamon Muffin	Nov 14 LUNCH Chicken Burger on a Whole Grain Bun Milk BREAKFAST Breakfast Bagel	Nov 15 LUNCH Beef Teriyaki Dippers over Brown Rice Milk BREAKFAST Whole Grain French Toast Sticks	Nov 16 LUNCH Pepperoni Pizza Rippers Milk BREAKFAST Breakfast Wrap	Nov 17 LUNCH Popcorn Chicken w/BBQ Sauce Milk BREAKFAST Breakfast Pizza
Nov 20 LUNCH Cheese Sticks w/Marinara Sauce Milk BREAKFAST Cereal w/Chocolate Chip Muffin	Nov 21 LUNCH Turkey Gravy over Mashed Potatoes Whole Grain Dinner Roll Milk BREAKFAST Blueberry Mini Waffles	Nov 22 LUNCH Hamburger Whole Grain Bun Milk 11:30 Early Release BREAKFAST Pancake & Sausage on a Stick	Nov 23 NO SCHOOL THANKSGIVING BREAK	Nov 24 NO SCHOOL THANKSGIVING BREAK
Nov 27 LUNCH Corn Dog Milk BREAKFAST Cereal w/Blueberry Muffin	Nov 28 LUNCH Chicken Nuggets w/BBQ Sauce Milk BREAKFAST Whole Wheat Pancakes	Nov 29 LUNCH Burrito w/Salsa Milk BREAKFAST Breakfast Pizza	Nov 30 LUNCH Cheese Pizza Rippers Milk BREAKFAST Cinnamon Glazed French Toast	

This Institution is an equal opportunity provider.